

Reflection on this time of great turmoil in our country

Tuesday, June 2, 2020

Dear AOMA family,

This is no doubt one of the most disheartening times in our country's history. The Pandemic changed our lives quickly and dramatically. Many lives have been tragically lost but lost to a health crisis caused by an invisible villain. The loss of George Floyd is a much more devastating loss. His homicide was an abhorrent, cruel act representing a very visible villain in this country, one rooted in a long history of injustice, prejudice, and inequality. The act has resulted in reaction and a plea for real change in our country, once and for all.

We at AOMA stand behind the peaceful protests calling for transformation. As with the country, our AOMA community has been shaken by the event in Minneapolis and the resulting unrest throughout our country. Our hearts go out to everyone suffering and feeling overwhelmed at this time. Our hearts are with those who have experienced bigotry, prejudice, racism, and any other acts that deny the dignity every human being deserves. As always, we hold tight to our mission and to our values. I'm proud to be part of such an inclusive community of amazing, compassionate care givers, who are making a difference in countless lives and in our community.

It is critical that we support one another at this time. It is important that we reach out to one another, that we are a blessing for one another. Healing from what we are all experiencing right now can only start with each of us striving for inner peace and sharing that. Only love will get us through this. These times bring out the worst and the best. Within our AOMA family I've only seen the very best! Thank you for being such caring human beings. Together we will get through this.

*Mary*

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