

## BLOOD PRESSURE & PULSE

	Diastolic	Systolic	Pulse Rate	TCM Analysis
<b>Type 1</b>	140 ≤	90 ≤	80 ≤	Excessive Heat
<b>Type 2</b>	≤ 95	≤ 60	60	Deficient/Cold Nature
<b>Type 3</b>	140 ≤	≤ 80	≤ 65	Blood Stagnation
<b>Type 4</b>	90	60	80 -100	Yin Deficient Heat

## SPO2 OXYGEN SATURATION LEVELS

SpO2	Range	TCM Analysis
<b>Normal</b>	95% ≤	Normal Lung Qi Function
<b>Hypoxia</b>	85% - 94%	Lung Qi Deficiency or Lung Qi not Descending
<b>Severe Hypoxia</b>	< 85%	Lung Qi not descending or Lung Qi Collapse

## TEMPERATURE

Temperature	°F	TCM Analysis
<b>Normal</b>	97.6 – 99.6	General, Normal Temperature Range
<b>Low</b>	< 96.6	True / False Cold or Qi Deficiency Condition
<b>High</b>	99.7 <	Heat or Excessive Qi Condition

## RESPIRATION RATE

Respiration	Rate	TCM Analysis
<b>Normal</b>	12 - 20	Normal Range
<b>Low</b>	< 12	Deficient Pattern
<b>High</b>	20 <	Excessive Pattern